

Murrieta parents to premier 'Strictest'

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By JENNIFER DEAN
The Press-Enterprise

Murrieta family Scott and Lisa Vinton will be featured as host parents on CMT's new TV show, "World's Strictest Parents," premiering April 18.

Following in the footsteps of "Nanny 911" and other stressed-out-parent reality shows, the program will document steps taken to cure an unruly child situation, but with a new twist.

Each week a different host family will take in two teenagers who have had discipline problems and the visiting youth will have to adapt to the host family's strict rules and consequences system.

The Vinton family will be in the premier episode.

Story continues below



Lisa Vinton

"They brought in two teens, a boy and a girl, and they lived with us for about a week," said Lisa Vinton. "We designed the rules and consequences and worked with them during that week."

Lisa Vinton is a writer, radio host and business consultant, and is founder/director of Southwest Pregnancy Counseling Center Inc., a nonprofit that educates and supports pregnant teenagers.

Taping the one-hour episode took place over a week's time at the Vinton's home.

"We really enjoyed the experience," Lisa Vinton said. "We learned a lot about ourselves."

The Vintons are a blended family, with five children between the ages of 18 and 23.

Three children, Jeff Vinton, 18, Travis Van Essen, 19, and Holly Van Essen, 21, were at home during the shoot.

The other two, Jason, 19, and Heather, 23, were away at college.

"My kids kind of had to go back in time remembering how it was . . . but it helped them to communicate to these kids why we did these things," Lisa said. "It reaffirmed the importance of good strong parenting, taking responsibility and accountability."

CMT has picked up eight episodes of the show, each featuring a different host family and troubled teens.

Reach Jennifer Dean at 951-368-9336, jdean@PE.com or <http://blogs.pe.com/moms>

'World's Strictest Parents'

Where: CMT

When: 9 p.m., premiering April 18

Information: www.cmt.com