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Happy New You!

January in Philly is all about shaping up, staying warm and giving back By ASHLEY PRIMIS



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1 Getting to the gym is half the battle. This sleek new bag will make it easier. Promise! Tumi Lugano bag, \$345 at Robinson Luggage stores, robinsonluggage.net. **2** These genius fireplaces don't need a chimney, which is why mine will go in my freezing-cold bathroom. Don't forget to buy backups of the odorless, clean-burning fuel. Blomus Chimo fireplace, \$1,872 at Matthew Izzo Lifestyle, 1109 Walnut Street, 215-829-0606, matthewizzo.com. **3** The only acceptable way to Ugg this winter. Ugg shearing bunting, \$280 at The Children's Boutique, 1702 Walnut Street, 215-732-2661, thechildrensboutique.com. **4** Use this digital frame for a slide-show progression of your NYE hangover. Then feel better because it's made from recycled products. Memorex digital frame, \$99.99 at area Targets, target.com. **5** Crafted by a local, these over-the-head super-soft scarves are the best part of the turtleneck without the bulky sweater. Save Your Neck scarves, \$30-\$35 at Mew Gallery, 906 Christian Street, 215-625-2424, mewgallery.org. **6** Sonya Dakar's potion is liquid *ahhhhh* for gross winter skin and itchy wool sweaters. Omega-3 serum, \$42 at Blossom Cosmetic Boutique, 13 South State Street, Newtown, 215-860-3388, blossomcosmeticboutique.com. **7** "Managing your memories" was Wayne resident Gretchen MacKenzie's inspiration for these colorful tell-all, meant-to-be-passed-down Q+A journals. A portion of the proceeds benefits do-good foundations. Know Me Journals, \$24.99 at knowmejournals.com.

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1908 - 2008
Celebrating 100 Years

[INSIDE: PEOPLE TO WATCH '08]

Michael Nutter and 75 others revolutionizing Philly

Philadelphia

PHOTOGRAPH BY [unreadable]
EXCLUSIVE

OUR STORY

Andy and Tammy Reid
on their family's long
battle with addiction

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